ICF-based Documentation Form

Reminder: The categories of the Generic Set are indicated by the letter (G).

PATIENT INFORMATION

BODY FUNCTIONS Physiological functions of body systems (including psychological functions) *How much impairment does the person have in ...*	No impairment	Mild impairment	Moderate impairment	Severe impairment	Complete impairment	Not specified	Not applicable
	0	1	2	3	4	8	9

b130	**Energy and drive functions (G)**	☐	☐	☐	☐	☐	☐	☐

General mental functions of physiological and psychological mechanisms that cause the individual to move towards satisfying specific needs and general goals in a persistent manner.

Inclusions: functions of energy level, motivation, appetite, craving (including craving for substances that can be abused) and impulse control

Exclusions: consciousness functions (b110); temperament and personality functions (b126); sleep functions (b134); psychomotor functions (b147); emotional functions (b152)

Sources of information:
☐ Case history   ☐ Patient reported questionnaire   ☐ Clinical examination   ☐ Technical investigation

Description of the problem:

		0	1	2	3	4	8	9
b152	**Emotional functions (G)**	☐	☐	☐	☐	☐	☐	☐

Specific mental functions related to the feeling and affective components of the processes of the mind.

Inclusions: functions of appropriateness of emotion, regulation and range of emotion; affect; sadness, happiness, love, fear, anger, hate, tension, anxiety, joy, sorrow; lability of emotion; flattening of affect

Exclusions: temperament and personality functions (b126); energy and drive functions (b130)

Sources of information:
☐ Case history   ☐ Patient reported questionnaire   ☐ Clinical examination   ☐ Technical investigation

Description of the problem:

		0	1	2	3	4	8	9
b280	**Sensation of pain (G)**	☐	☐	☐	☐	☐	☐	☐

Sensation of unpleasant feeling indicating potential or actual damage to some body structure.

Inclusions: sensations of generalized or localized pain in one or more body part, pain in a dermatome, stabbing pain, burning pain, dull pain, aching pain; impairments such as myalgia, analgesia and hyperalgesia

Sources of information:
☐ Case history   ☐ Patient reported questionnaire   ☐ Clinical examination   ☐ Technical investigation

Description of the problem:

		0	1	2	3	4	8	9
b410	**Heart functions**	☐	☐	☐	☐	☐	☐	☐

Functions of pumping the blood in adequate or required amounts and pressure throughout the body.

Inclusions: functions of heart rate, rhythm and output; contraction force of ventricular muscles; functions of heart valves; pumping the blood through the pulmonary circuit; dynamics of circulation to the heart; impairments such as tachycardia, bradycardia and irregular heart beat and as in heart failure, cardiomyopathy, myocarditis and coronary insufficiency,

Exclusions: blood vessel functions (b415); blood pressure functions (b420); exercise tolerance functions (b455)

Sources of information:
☐ Case history   ☐ Patient reported questionnaire   ☐ Clinical examination   ☐ Technical investigation

Description of the problem:

		0	1	2	3	4	8	9
b415	**Blood vessel functions**	☐	☐	☐	☐	☐	☐	☐

Functions of transporting blood throughout the body.

Inclusions: functions of arteries, capillaries and veins; vasomotor function; functions of pulmonary arteries, capillaries and veins; functions of valves of veins; impairments such as in blockage or constriction of arteries; atherosclerosis, arteriosclerosis, thromboembolism and varicose veins

Exclusions: heart functions (b410); blood pressure functions (b420); haematological system functions (b430); exercise tolerance functions (b455)

Sources of information:
☐ Case history   ☐ Patient reported questionnaire   ☐ Clinical examination   ☐ Technical investigation

Description of the problem:

		0	1	2	3	4	8	9
b420	**Blood pressure functions**	☐	☐	☐	☐	☐	☐	☐

Functions of maintaining the pressure of blood within the arteries.

Inclusions: functions of maintenance of blood pressure; increased and decreased blood pressure; impairments such as in hypotension, hypertension and postural hypotension

Exclusions: heart functions (b410); blood vessel functions (b415); exercise tolerance functions (b455)

Sources of information:
☐ Case history   ☐ Patient reported questionnaire   ☐ Clinical examination   ☐ Technical investigation

Description of the problem:

		0	1	2	3	4	8	9
b455	**Exercise tolerance functions**	☐	☐	☐	☐	☐	☐	☐

Functions related to respiratory and cardiovascular capacity as required for enduring physical exertion.

Inclusions: functions of physical endurance, aerobic capacity, stamina and fatigability

Exclusions: functions of the cardiovascular system (b410-b429); haematological system functions (b430); respiration functions (b440); respiratory muscle functions (b445); additional respiratory functions (b450)

Sources of information:
☐ Case history   ☐ Patient reported questionnaire   ☐ Clinical examination   ☐ Technical investigation

Description of the problem:

		0	1	2	3	4	8	9
b460	**Sensations associated with cardiovascular and respiratory functions**	☐	☐	☐	☐	☐	☐	☐

Sensations such as missing a heart beat, palpitation and shortness of breath.

Inclusions: sensations of tightness of chest, feelings of irregular beat, dyspnoea, air hunger, choking, gagging and wheezing

Exclusion: sensation of pain (b280)

Sources of information:
☐ Case history   ☐ Patient reported questionnaire   ☐ Clinical examination   ☐ Technical investigation

Description of the problem:

		0	1	2	3	4	8	9
b740	**Muscle endurance functions**	☐	☐	☐	☐	☐	☐	☐

Functions related to sustaining muscle contraction for the required period of time.

Inclusions: functions associated with sustaining muscle contraction for isolated muscles and muscle groups, and all muscles of the body; impairments such as in myasthenia gravis

Exclusions: exercise tolerance functions (b455); muscle power functions (b730); muscle tone functions (b735)

Sources of information:
☐ Case history   ☐ Patient reported questionnaire   ☐ Clinical examination   ☐ Technical investigation

Description of the problem:

BODY STRUCTURES Anatomical parts of the body such as organs, limbs and their components *How much impairment does the person have in the ...*			No impairment	Mild impairment	Moderate impairment	Severe impairment	Complete impairment	Not specified	Not applicable
			0	1	2	3	4	8	9
s410	**Structure of cardiovascular system**	**Extent**	☐	☐	☐	☐	☐	☐	☐

		0	1	2	3	4	5	6	7	8	9
	Nature*	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
	Location**	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐

Sources of information:
☐ Case history   ☐ Patient reported questionnaire   ☐ Clinical examination   ☐ Technical investigation

Description of the problem:

* 0=no change in structure, 1=total absence, 2=partial absence, 3=additional part, 4=aberrant dimension, 5=discontinuity, 6= deviating position, 7=qualitative changes in structure, 8=not specified, 9=not applicable

** 0=more than one region, 1=right, 2=left, 3=both sides, 4=front, 5=back, 6=proximal, 7=distal, 8=not specified, 9=not applicable

ACTIVITIES AND PARTICIPATION Execution of a task or action by an individual and involvement in a life situation *How much difficulty does the person have in the ...* **P** = *performance of ...* **C** = *capacity in ...*	No difficulty	Mild difficulty	Moderate difficulty	Severe difficulty	Complete difficulty	Not specified	Not applicable
	0	1	2	3	4	8	9

d230 — Carrying out daily routine (G)

	0	1	2	3	4	8	9
P	☐	☐	☐	☐	☐	☐	☐
C	☐	☐	☐	☐	☐	☐	☐

Carrying out simple or complex and coordinated actions in order to plan, manage and complete the requirements of day-to-day procedures or duties, such as budgeting time and making plans for separate activities throughout the day.

Inclusions: managing and completing the daily routine; managing one's own activity level

Exclusion: undertaking multiple tasks (d220)

Sources of information:
☐ Case history　　☐ Patient reported questionnaire　　☐ Clinical examination　　☐ Technical investigation

Description of the problem:

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d240 — Handling stress and other psychological demands

	0	1	2	3	4	8	9
P	☐	☐	☐	☐	☐	☐	☐
C	☐	☐	☐	☐	☐	☐	☐

Carrying out simple or complex and coordinated actions to manage and control the psychological demands required to carry out tasks demanding significant responsibilities and involving stress, distraction or crises, such as driving a vehicle during heavy traffic or taking care of many children.

Inclusions: handling responsibilities; handling stress and crisis

Sources of information:
☐ Case history　　☐ Patient reported questionnaire　　☐ Clinical examination　　☐ Technical investigation

Description of the problem:

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d450 — Walking (G)

	0	1	2	3	4	8	9
P	☐	☐	☐	☐	☐	☐	☐
C	☐	☐	☐	☐	☐	☐	☐

Moving along a surface on foot, step by step, so that one foot is always on the ground, such as when strolling, sauntering, walking forwards, backwards or sideways.

Inclusions: walking short or long distances; walking on different surfaces; walking around obstacles

Exclusions: transferring oneself (d420); moving around (d455)

Sources of information:
☐ Case history　　☐ Patient reported questionnaire　　☐ Clinical examination　　☐ Technical investigation

Description of the problem:

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d455 — Moving around (G)

	0	1	2	3	4	8	9
P	☐	☐	☐	☐	☐	☐	☐
C	☐	☐	☐	☐	☐	☐	☐

Moving the whole body from one place to another by means other than walking, such as climbing over a rock or running down a street, skipping, scampering, jumping, somersaulting or running around obstacles.

Inclusions: crawling, climbing, running, jogging, jumping and swimming

Exclusions: transferring oneself (d420); walking (d450)

Sources of information:
☐ Case history　　☐ Patient reported questionnaire　　☐ Clinical examination　　☐ Technical investigation

Description of the problem:

			0	1	2	3	4	8	9
d570	**Looking after one's health**	**P**	☐	☐	☐	☐	☐	☐	☐
		C	☐	☐	☐	☐	☐	☐	☐

Ensuring physical comfort, health and physical and mental well-being, such as by maintaining a balanced diet, and an appropriate level of physical activity, keeping warm or cool, avoiding harms to health, following safe sex practices, including using condoms, getting immunizations and regular physical examinations.

Inclusions: ensuring one's physical comfort; managing diet and fitness; maintaining one's health

Sources of information:
☐ Case history   ☐ Patient reported questionnaire   ☐ Clinical examination   ☐ Technical investigation

Description of the problem:

			0	1	2	3	4	8	9
d620	**Acquisition of goods and services**	**P**	☐	☐	☐	☐	☐	☐	☐
		C	☐	☐	☐	☐	☐	☐	☐

Selecting, procuring and transporting all goods and services required for daily living, such as selecting, procuring, transporting and storing food, drink, clothing, cleaning materials, fuel, household items, utensils, cooking ware, domestic appliances and tools; procuring utilities and other household services.

Inclusions: shopping and gathering daily necessities

Exclusion: acquiring a place to live (d610)

Sources of information:
☐ Case history   ☐ Patient reported questionnaire   ☐ Clinical examination   ☐ Technical investigation

Description of the problem:

			0	1	2	3	4	8	9
d760	**Family relationships**	**P**	☐	☐	☐	☐	☐	☐	☐
		C	☐	☐	☐	☐	☐	☐	☐

Creating and maintaining kinship relationships, such as with members of the nuclear family, extended family, foster and adopted family and step-relationships, more distant relationships such as second cousins or legal guardians.

Inclusions: parent-child and child-parent relationships, sibling and extended family relationships

Sources of information:
☐ Case history   ☐ Patient reported questionnaire   ☐ Clinical examination   ☐ Technical investigation

Description of the problem:

			0	1	2	3	4	8	9
d770	**Intimate relationships**	**P**	☐	☐	☐	☐	☐	☐	☐
		C	☐	☐	☐	☐	☐	☐	☐

Creating and maintaining close or romantic relationships between individuals, such as husband and wife, lovers or sexual partners.

Inclusions: romantic, spousal and sexual relationships

Sources of information:
☐ Case history   ☐ Patient reported questionnaire   ☐ Clinical examination   ☐ Technical investigation

Description of the problem:

			0	1	2	3	4	8	9
d850	**Remunerative employment (G)**	**P**	☐	☐	☐	☐	☐	☐	☐
		C	☐	☐	☐	☐	☐	☐	☐

Engaging in all aspects of work, as an occupation, trade, profession or other form of employment, for payment, as an employee, full or part time, or self-employed, such as seeking employment and getting a job, doing the required tasks of the job, attending work on time as required, supervising other workers or being supervised, and performing required tasks alone or in groups.

Inclusions: self-employment, part-time and full-time employment

Sources of information:
☐ Case history   ☐ Patient reported questionnaire   ☐ Clinical examination   ☐ Technical investigation

Description of the problem: